

Parenting With Confidence



Join Us!

Thursdays: September 27–
November 8

10 a.m. – 12 p.m.

Franklin Public Library
44 E 4th St.
Franklin, OH 45005

Session Topics

Sept. 27: *Child Development*

Oct. 4: *Stress Management*

Oct. 11: *Communication: Listening Skills*

Oct. 25: *Verbal Communication*

Nov. 1: *Discipline: Parenting Toolbox*

Nov. 8: *Nurturing: Taking Care of Ourselves*



Parenting is hard...

Parenting is the most challenging and most important job there is. But positive parenting skills don't always come naturally; they are learned.

4C for Children presents *Parenting With Confidence*, an experience for parents and caregivers that includes:

- Attending a series of six FREE 2-hour sessions.
- Learning new skills that apply to children of all ages.
- Obtaining tools to reduce stress, improve communication, and address challenging behaviors.
- Receiving information, activities and materials to take home.
- Creating a network with others experiencing similar challenges

FREE child care provided for all registered participants!

To register, contact:

pwc@4cforchildren.org | 513-758-1311 or 937-220-9660, x1311



Ohio Children's Trust Fund
Ohio's Prevent Child Abuse America Chapter